



Dear Elite Care Family & Friends,

Fresh cherry season is upon us here at Elite Care! Residents and staff look forward to harvesting and enjoying the cherries that we grow here on campus. Did you know that Elite Care Oatfield Estates has over a dozen cherry trees on our campus? Picking cherries can be a very fun and relaxing experience for residents of all ages, thanks to our campus cherry picker! Nothing is out of reach when you can extend your arm by 5 feet to get to the tippy top of even the highest cherry tree. Pitting cherries can be a messy job, but worth the reward when a fresh baked cobbler is the reward. What is your favorite fresh cherry recipe? This is a resident favorite at Elite Care and we hope you will love it too!

Elite Care Management Team

Elite Care Cherry Crisp:

Cherry Filling:

- 4 cups fresh pitted cherries
- 3 TBS cornstarch
- 3 TBS lemon or orange juice
- ½ cup granulated sugar

Crisp Topping:

- 1.5 cups rolled oats
- ½ cup flour
- ½ cup butter (softened)
- ½ cup brown sugar
- 1 tsp cinnamon
- ½ tsp salt



Preheat oven to 375*. Grease a standard casserole dish generously with cooking spray or butter. In a bowl toss together the cherries, sugar, cornstarch and citrus juice. Pour mixture into the greased casserole dish. In another bowl mix together dry ingredients and then roughly chop in softened butter until little crumbles form. Dot the top of the cherry mixture with the crumb topping evenly. Bake at 375* for 30 minutes or until the crumb mixture is set and brown. Enjoy crisp warm or cold!



Oatfield Estates New Residents:



Dave, welcome to Adams house! Dave grew up in the Portland area where he raised his kids just a stone's throw from our campus in Milwaukie. Dave went to Franklin High School, where he played basketball and football in his teen years. After high school, Dave received his Bachelor Degree in Education and went on to earn his Masters Degree in Linguistics. Both of his degrees served him well, as Dave taught for Portland Public Schools for his entire career. Dave also served in the army from 1958-1962 in Panama. Dave and his wife Shirley raised their 2 sons, Scott and Pete in the Milwaukie area where they built a community in their local church. "I'm a person of faith, and

I take it very seriously. I believe in God the father, God the son, and the Holy Spirit." Some of Dave's favorite family memories are from Church and taking summers off to take his sons camping and fishing all over Oregon. Dave is looking forward to spending time with us at Elite Care, and we look forward to getting to know him better! Welcome Dave!



Lorna welcome to Ashland house! Lorna was born in Vancouver, Washington. When she was 5 she moved to Portland and spent most of her life here. Once she married her Husband Allen, they spent a lot of time traveling, which she loved very much! Lorna is very family oriented, she grew up with three brothers and two sisters, she was very close to all of them. Lorna is also a woman of many skills, such as sewing, knitting, crocheting, craft projects and most of all, painting! Although there is nothing she loved more than hitting the road with her husband, "I love to travel; I've been clear across the world! I've even touched the Statue of

Liberty!" She worked with her husband as a Veterinarian for 30 years treating all types of animals. One of Lorna's favorite memories of their family Veterinary business was caring for a chimpanzee that gave their son a piggyback ride! Lorna loves to share stories of traveling and is looking forward to sharing some of her skills with our activities department. Welcome Lorna!

Resident Spotlight:



Jetta has been a Resident at Oatfield Estates since July of 2022. She and her husband Dave, came to live with us to be closer to their daughter Jen, and extended family. Jetta & Dave experienced some beautiful memories here with family and friends before Dave passed in early 2023. Jetta and her family took time to mourn and grieve, and our campus at Oatfield Estates rallied around to support however we could. Staff spent a lot of personal time with Jetta as she navigated a new chapter in her life. Jetta, who has always been a very strong and determined woman, has worked hard since her husband's passing to gain physical and

emotional strength. In the early months of spring, you could find Jetta often working with her PT & OT to gain strength enough to stand and then walk with assistance. Jetta would practice her exercises with staff and family, and today is stronger than ever. We are so proud of Jetta, and the strength that drives her to continue to be the loving matriarch of her family.



PRIDE

Elite Care celebrates PRIDE month in a very bright and loud way! Residents and Staff decorated Cascade Lawn with beautiful rainbow colored flags and lawn displays to show our support for PRIDE month. Once the stage was set, we enjoyed a very colorful parade down the catwalk! Residents and staff cheered on each other while listening to fun music. They had rainbow crafting activities and the decorating party and parade turned into a full on garden party. We support the entire LGBTQ Community and love finding special ways to show our love.





Dragon Boat Races

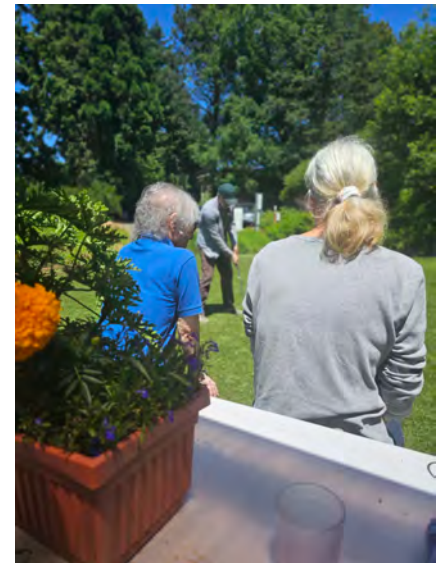
Because the Portland Rose Festival celebrates in June with Dragon Boats, we decided to follow suit, crafting our own unique Dragon Boats. Each competitor cut out their own dragon head and tail, and once colored and laminated, affixed them to the front and back of a decorated, halved milk carton with straws punched through for oars. This month has been filled with visits from young people, and this was one of the activities that the kids were really involved in with residents. Once the boats were finished, children, staff and residents gathered at the wishing pond by Adams House to launch the race.





Green Thumbs

The Horticulture Program is a HUGE part of life at Oatfield Estates all year round, but of course we have heaps of work to do during Spring and Summer while our green babies are actually growing and developing! Jill hosted her Therapeutic Horticultural Activity on the putting green this month, and residents had a lot of fun potting naturally pest resistant, aromatic flowers to bring more beauty and joy to that area. During June, we transplant vegetable starts to their new garden plot homes, repot Trader Joe's offerings for display in the houses, and try to keep up with composting and watering during the increasingly hot weather. The cherry trees are pretty self-sufficient, but they still need hands to harvest their beautiful fruits, and Oatfield is swimming in cherries for snacks and smoothies right now. Patty has been leading juicing groups here and there, and flower arranging is still a Monday favorite.





Jam Sessions

We never get our fill of music at Oatfield. Residents love getting together to experiment with rhythm varieties on the drums, and we have more and more different types of professional musicians visiting to play. We had some of our usual favorites, like Monty and Blake, but we also had a visiting flutist give a concert that caught imaginations and hearts, and that folks really enjoyed.





Outings

There were two outings that really stood out this month. Staff and residents traveled to a Flag Day event in King City where the Quilts of Valor organization was hosting a celebration to bestow quilts on Veterans. To be a Quilt of Valor, the quilt must be a specific size and have a label with required information attached. It must be awarded and it must be recorded. It is a handmade quilt that is only awarded to a Service Member or Veteran who has been touched by war. The quilt says, "Thank you for your service and sacrifice in serving our nation."

We also headed to the End of the Oregon Trail Interpretive Center, where residents were able to view and learn about what life was like for the pioneers traveling to the West along the Oregon Trail in covered wagons. They also have a lovely green and heritage garden.





Lawn Games and Outdoor Exploits

There was no shortage of opportunities to be outside and engaged in fun activities this month. We golfed, played horseshoes, bean bag toss, and badminton. We did Tai Chi and Yoga and practiced balancing on our walks. When we were overheated, we retreated back inside to the billiards room to shoot some stick, or to the common area for parachuting or basketball. When we cooled down, we were back outside walking the dogs and feeding the fish and chickens.





Odds and Ends

We never have enough room to highlight everything that happens up here on the hill, so we cram the leftovers into Odds and Ends in case there were any cute pictures we couldn't pass up. We've been snuggling puppies and watching wild ducks grow up in our ponds. Ava has been on campus snipping and trimming, blowing and setting hair dos in the salon, and sipping sweet treats on breaks. Snacks in the form of cold drinks have been a big win for residents this month, as well as successful baking endeavors with Patty. She has had many resident assistants willing to help bake and decorate for our campus birthdays. On the home improvement front, Larch House got a full kitchen makeover, and Raeann, Luke, and their boys Jakob and Jeff have been scrub-a-dubbing all over to make the place sparkle.





Newsletter

July 2023

Fanno Creek

Activity Updates!

The community at Fanno Creek really stays active! We have gentle yoga every Monday morning. The residents start their week with gentle yoga with Lisa of Fit Group USA. Then on Wednesdays we have a faster pace Stretch & Flex Group with Stephanie. We finish our week with Tai Chi with our instructor Poppy! The Fanno group tends to the garden beds each morning to water. We often pick herbs and roses for sensory related activities later in the day.

We have moved up our daily social hour to 2:30pm! We offer a daily snack that our residents often get to participate in making. We moved to our hobby kitchen for baking and ice cream sundae making. This is a great place to meet new friends and stay connected!





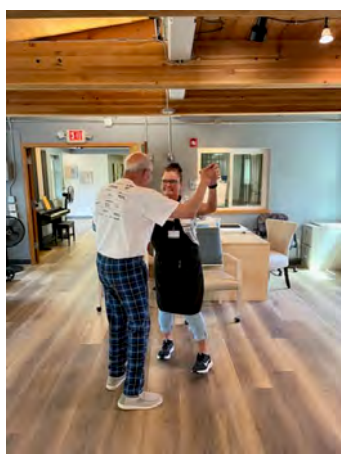
Fanno Creek

Staff Highlight Jennifer (Kitchen Manager)



Jennifer: Worked in the grocery deli setting prior to the pandemic. She enjoyed catering and sampling food and also worked in the bakery. Jennifer also worked as a wedding caterer preparing food and cakes. Jennifer's favorite type of food to cook is Italian food! Jennifer enjoys working in a nursing community because it's never a dull moment.

Jennifer enjoys gardening at home and at work. She often saved the ends of vegetables, and grew new plantable starts. Jennifer appreciates the farm to table style of meal prep. She often picks fresh herbs, and orders fresh produce. She has a lot of fun feeding the chickens with lettuce heads. She feels the kitchen is her stage, she is always present to entertain.





Arts and Crafts

We had all kinds of other art and craft activities on campus, many of which were set outside to take full advantage of the amazing weather this month. We painted birdhouses, pictures, and in some cases each other. Residents helped to organize the Garden Hangout and build the brand new shelving we got for the arts and crafts supplies. Oatfield donated their beautiful drafting table to Fanno Creek for their residents to enjoy. One of the really fun activities that was both craft and sport was the creation of the dragon boats.





Garden Parties

A lot of regular hangouts seemed to just morph into parties on the lawn this month. There were scheduled parties, of course, like the one hosted by activities to celebrate our Live-In, David, for his hard work on the gardens installing the lower garden path lighting and vegetable tending. At the same party, we celebrated Lead Chef Angela for her amazing work supporting the campus to have delicious meals. There were Jumbo Jenga games and drumming circles on the lawn that went a bit wild. There was another scheduled art party on the lawn that involved banana and chocolate shakes. We really do our best to take full advantage of sunny days.





Staff Spotlight:

Chef Eka:



Eka has been a Chef with us at Elite Care for 14 plus years! He sets the example of preparing meals for our residents as if they are family...with love and care. Eka emmigrated to the United States in 1991 from Romania because as he shares “ I did not want to live in a communist country any longer”. Eka was a Chemist in Romania as well as he played semi-professional soccer.

His first profession upon working in the US was as a private care giver. Eka enjoyed this line of work for a few years then worked as a Maintenance technician for a hotel for several years. Cooking has been his first love though, since the young age of 11 years old. Outside of being Chef at Elite Care, Eka enjoys continuing cooking for family and friends.

Being a Chef at Elite Care allows Eka the enjoyment of socializing with our residents, sharing the joys of being part of the community and provides him the opportunity to help others through cooking healthy, tasty meals. He shares that it is an honor to cook for our residents. Eka even planted one of his favorite herbs, lavage, in our garden to ensure he could utilize this in his meal prep. Eka enjoys spending time with his family and participating in outdoor activities. He also loves to garden and is quite the handyman. Elite Care is so grateful for the committed Eka has made to our community and residents for the past 14 years! Thank you Eka, for all that you continue to do for our residents.

Housekeeping: Dee Larch & Tabor



Dee previously worked at Oatfield in our Housekeeping department prior to Covid when she left to take another position. Another member of our Housekeeping department, Linda, reached out to Dee when a vacancy arose about 3 months ago. Dee was excited for the opportunity to return to Oatfield.

Dee shared that one of the best benefits of working here is the regular hours. She also is grateful for the great teamwork of Oatfield's staff! Dee shares that the atmosphere is more “laid back”, she can accomplish her tasks while not having someone “crack the whip” while she is working. Dee likes to provide a clean and safe environment for our residents.

Dee is an artist; she paints, draws and loves “Found Art”. Ask her to share this medium of art with you. She also enjoys Video games, Horror movies, music and is an avid animal lover! Thanks Dee for all of your efforts in Larch/Tabo...it definitely shows!



Happy Birthday!





Did you know Elite Care Oatfield Estates offers the **UnitedHealthcare® Assisted Living Plan**? The plan includes Original Medicare benefits, plus extra benefits like Part D prescription drug coverage and support from a dedicated Optum care team. Your care team includes a nurse practitioner or physician assistant who will work with you, your family, and your primary care provider to help make sure you get hands-on care that meets your individual needs.

The UnitedHealthcare Assisted Living Plan features great benefit options for residents in Assisted Living, Independent Living and Memory Care Communities. And it also gives you access to extra care coordination and personal attention from a health care practitioner right here at Elite Care Oatfield Estates. Want to learn more? Talk with our local agent about your UnitedHealthcare plan options to enjoy low out-of-pocket costs, if any. We're here to help.

Here's what the plan includes:

- Collaboration between clinician, doctors, specialists and community staff
- Preventive care to help anticipate and identify health concerns
- A primary contact for the teams involved in your care
- Phone support 24 hours a day, 7 days a week
- Hands-on care from your home

More benefits than Original Medicare

This may include hearing, vision, dental, foot care, transportation and more (many provided on site). See the plan Summary of Benefit for all details.

Explore the UnitedHealthcare Assisted Living Plan



1-844-886-1315, TTY 711



uhcassistedlivingplan.com

This is a partial listing of covered benefits and services. Benefits, features and/or details vary by plan/area. Limitations and exclusions apply. See the plan's Summary of Benefits for more information. Call 1-844-886-1315, TTY 711, for more information.
We are licensed through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract terms with Medicare. Enrollment may be subject to Open Enrollment Period and Part D enrollment rules. Enrollment in the plan depends on the plan's contract terms with Medicare. Enrollment may be subject to Open Enrollment Period and Part D enrollment rules. Enrollment in the plan depends on the plan's contract terms with Medicare. Enrollment may be subject to Open Enrollment Period and Part D enrollment rules.
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Fanno Creek July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8:00am Daily Chronicle 10:00am Puzzles & Chat-3rd Floor 1:00pm Planting & Harvesting 2:30 Social Hour-Dining Room 3:30pm Garden Group
2 8:00am Daily Chronicle 10:00am Garden Walk 1:00pm Herb Harvesting 2:30 Social Hour-Dining Room	3 8:00am Daily Chronicle 10:30am Yoga Group 1:30pm Garden Club 3:30pm Social Hour	4 HAPPY INDEPENDENCE DAY 8:00am Daily Chronicle 10:30am Bible Study 1:00pm Craft Corner 2:30pm Social Hour 6:00pm Movie Night	5 National Fresh Fruit Day 8:00am Daily Chronicle 10:30am Garden Group 1:00pm Table Games 2:30pm Social Hour 3:30pm Live Music-Bake	6 8:00am Daily Chronicle 10:30am Stretch & Heartwarming Exercise 1:00pm Resident Council 2:30pm Social Hour	7 8:00am Daily Chronicle 9:30am Tai Chi 10:30 Trail Walk 2:30 Social Hour 6:00pm Movie Night	8 National Super Cookie Day 8:00am Daily Chronicle 10:00am Puzzles & Chat-3rd Floor 1:30pm Social Hour-Dining Room 3:30pm Garden Group
9 8:00am Daily Chronicle 10:00am Garden Walk 1:00pm Herb Harvesting 2:30pm Social Hour	10 8:00am Daily Chronicle 10:30am Yoga Group 1:30pm Garden Club 3:30pm Social Hour	11 8:00am Daily Chronicle 10:30am Bible Study 1:30pm Live Music-8pm 2:30pm Social Hour 6:00pm Movie Night	12 National French Fry Day 8:00am Daily Chronicle 10:30am Garden Group 1:00pm Table Games 2:30pm Social Hour	13 8:00am Daily Chronicle 10:30am Stretch & Fun-Stretching Exercise 1:00 Bible Study 2:30pm Social Hour	14 8:00am Daily Chronicle 9:30am Tai Chi 10:30am Trail Walk 2:30pm Social Hour 6:00pm Movie Night	15 8:00am Daily Chronicle 10:00am Puzzles & Chat-3rd Floor 1:30pm Social Hour-Dining Room 3:30pm Garden Group
16 8:00am Daily Chronicle 10:00am Garden Walk 1:00pm Herb Harvesting 2:30pm Social Hour	17 8:00 Daily Chronicle 10:30am Yoga Group 1:30pm Garden Club 3:30pm Social Hour	18 8:00am Daily Chronicle 10:30am Bible Study 2:30pm Social Hour 6:00pm Movie Night	19 8:00am Daily Chronicle 10:30am Garden Group 1:00pm Table Games 2:30pm Social Hour	20 8:00am Daily Chronicle 10:30am Stretch & Fun-Stretching Exercise 1:00 Bible Study 2:30pm Social Hour	21 8:00am Daily Chronicle 9:30am Tai Chi 10:30am Trail Walk 2:30pm Social Hour 6:00pm Movie Night	22 8:00am Daily Chronicle 10:00am Puzzles & Chat-3rd Floor 1:30pm Social Hour-Dining Room 3:30pm Garden Group
23 8:00am Daily Chronicle 10:00am Garden Walk 1:00pm Herb Harvesting 2:30pm Social Hour	24 8:00am Daily Chronicle 10:30am Yoga Group 1:30pm Garden Club 3:30pm Social Hour	25 8:00am Daily Chronicle 10:30am Exercise/Stretching 1:00pm Craft Corner 2:30pm Social Hour	26 8:00am Daily Chronicle 10:30am Garden Group 1:30pm Individualized Speaking-Listening 2:30pm Social Hour	27 8:00am Daily Chronicle 10:30am Stretch & Fun 1:00pm Bible Study 2:30pm Social Hour	28 8:00am Daily Chronicle 9:30am Tai Chi 10:30am Trail Walk 2:30pm Social Hour 6:00pm Movie Night	29 8:00am Daily Chronicle 10:00am Puzzles & Chat-3rd Floor 1:30pm Social Hour-Dining Room 3:30pm Garden Group
30 8:00 Daily Chronicle 10:00am Garden Walk 1:00pm Herb Harvesting 2:30pm Social Hour						All activities are subject to change or cancellation due to community needs. 



Oatfield Estates July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
IMPORTANT NEWS: Tai Chi Instructor Papi is on Vacation. Hair Salon is on Wednesdays. Appointment requests are due by Monday.				LEGEND A- ADAMS HOUSE ASH- ASHLAND HOUSE C- CASCADE HOUSE CL- CASCADE LAWN H- HEDDIS HOUSE HD- HODD HOUSE J- JEFFERSON HOUSE L- Larch House R- Rafter House T- Tabor House GH- Garden Hangout UC- Upper Campus LC- Lower Campus BH- Botata Houses		1 International Joke Day & Int'l Clarry Pot Spitting Day 10 AM Therapeutic Metaphors Activity w/ JH (L/T) 1:30 PM Chevy Pot Spitting (CL) 3 PM High Tea 5:30 PM Karaoke & Drumming (L)
2 Build a Sausage Day 10 AM Gather Sausage Supplies 1:15 PM Building Sausages & Garden Decorations (GH) 3 PM High Tea 5:30 PM Bingo (R)	3 10 AM Flower Prep (GH) 1:15 - 3 PM Flower Arranging (GH) 3 PM High Tea 5 PM Bingo (ASH)	4 10 AM Decorate for the Party (CL) 11 - 4 PM 4th of July String w/ Concerts, Games, Smoothies & More (CL) 3 PM High Tea	5 9:30 AM Outing- TBD 1:15 PM Paint & Sip- Larch w/ Virgin Pina Colada 3 PM High Tea	6 10 AM Board of Director's (HD) 11 AM Tai Chi (A) 1:30 PM Tai Chi (ASH) 3 PM High Tea 5:30 PM Unleashmate & Hydrate (RH)	7 National Koi Day & World Chocolate Day 10 AM Feed the Koi 12:15 PM House Meeting (ASH) 1:30 PM Chocolate Tasting 3 PM High Tea 5:30 PM Book Discussion (ASH)	8 10 AM Horseback (CL) 1:15 PM Best Ball Pairs (UC-PG) 3:15 PM Best Ball Pairs (LC-PG) 5 PM High Tea 5:30 PM Karaoke & Drumming
9 National Sugar Cookie Day 1:15 PM Bake Sugar Cookies 3 PM High Tea 5:30 PM Bingo (A)	10 Happy Birthday: Wanda (H) 10 AM Flower Prep (GH) 12:15 PM House Meeting (R) 1:15 - 3 PM Flower Arranging 3 PM VIEW'S Discussion 5 PM High Tea 5 PM Bingo (R)	11 10 AM Yoga (L) & 10:30 AM (H) 11 AM Tai Chi (A) & 1:15 PM (HD) 3 PM High Tea 5:30 PM Devotional Meeting (A)	12 Happy Birthday: Judy (H) & Jean S. (J) 9:30 AM Outing to Fred Meyer 1:30-3:30 PM Culture Club- Calgary Showcase of Alberta 5 PM High Tea Birthday Party (J) 6:30 PM Worship w/ Pastor Seth (T)	13 10 AM Stretching w/ Bonds 11 AM Tai Chi (A) 1:30 PM Tai Chi (ASH) 3 PM High Tea 5:30 PM Lavender Buns	14 10 AM Table Pin Ball 12:15 PM House Meeting (H) 1:30 PM Monty Python Cabaret 3 PM Tiger Music Festival Outing 5 PM High Tea & Resident Led Book Discussion (ASH)	15 10 AM Balancing Practice 1:15 PM Billiards (UC-H) 3:15 PM Billiards (LC-H) 5 PM High Tea 5:30 PM Karaoke & Drumming
16 Happy Birthday: Susan S. (T) 10 AM Gather Sachet Items 1:30 PM Lavender Sachets and Wands (GH) 3 PM High Tea 5:30 PM Bingo (ASH)	17 10 AM Flower Prep (GH) 1:15 - 3 PM Flower Arranging 3 PM High Tea 5 PM Bingo (H)	18 Islamic New Year 10 AM Yoga (L) & 10:30 AM (H) 11 AM Tai Chi (A) & 1:15 PM (HD) 3 PM High Tea 5:30 PM Devotional Meeting (A)	19 9:30 AM Outing- TBD 9 PM Kiva Devotee Concert (T) 1 PM High Tea 3:30 PM - Garden Hangout Update	20 10 AM Spiritual (RH) 11 AM Tai Chi (A) 1:30 PM Tai Chi (ASH) 3 PM High Tea 5:30 PM Bingo (A)	21 Happy Birthday: Jim D. (C) 10 AM Table Golf 12:15 PM House Meeting (J) 1:30 PM Billiard's Birthday (H) 3 PM High Tea 5:30 PM Book Discussion (ASH)	22 World Brain Day 10 AM Bean Bag Toss 1:30 PM Putting on the Green- Long Shots (Behind T) 3 PM High Tea 5:30 PM Karaoke & Drumming
23 Happy Birthday: Vic (ASH) 10 AM Look for Ripe Figs 1:30 PM Dominos 3 PM High Tea 5:30 PM Bingo (HD)	24 Happy Birthday: Karen G. (ASD) 10 AM Flower Prep (GH) 12:15 PM House Meeting (A) 1:15-3 PM Flower Arranging (GH) 3 PM High Tea 5 PM Bingo (J)	25 10 AM Yoga (L) & 10:30 AM (H) 11 AM Tai Chi (A) & 1:15 PM (HD) 3 PM High Tea 5:30 PM Devotional Meeting (A)	26 Holistic Therapy Day 9:30 AM Outing to Fred Meyer 1:30 PM Joyful Juices for Health 3 PM High Tea 5:30 PM Relaxing for Parkinson's (ASH) 6:30 PM Worship w/ Pastor Seth (T)	27 10 AM Wall Paper 11 AM Tai Chi (A) 1:30 PM Tai Chi (ASH) 3 PM High Tea 5:30 PM Bingo (A)	28 World Nature Conservation Day 10 AM Pool Needle Games 12:30 PM House Meeting (J) 1:30 PM Croquet on the Lawn (CL) 3 PM High Tea 5 PM Veterans' Social - Guest Speaker TBD	29 Happy Birthday: Louise & Christine (HD) 10 AM Chair Dancing 12 PM Birthday Buds (HD) 1:30 PM Natural Plant Fertilizer 3 PM High Tea 5:30 PM Karaoke & Drumming
30 Happy Birthday: Frank Turner (A) 10 AM Upper Body Workout 12:15 PM House Meeting (HD) 1:30 PM Card Games (Spot 16) 3 PM High Tea 5:30 PM Bingo (H) Share a Hug Day	31 Happy Birthday: Jackie N.S. (T) 10 AM Flower Prep (GH) 1:15-3 PM Flower Arranging (GH) 3 PM High Tea 5 PM Birthday Bingo (A)	<p>All activities are subject to change or cancellation due to community needs.</p>				