

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# OatField Estates March 2025

10:00 am Juggling-- 1  
**1:30 pm Garden Planning (HD)**  
**3:00 pm Susan D's Birthday! (ASH)**  
**4:00 pm Drum Circle (ASH)**

10:00 am Coffee & Chat 2  
**11:00 am Crafty Corners (HD)**  
 1:15 pm Sunday Matinee(A)  
**3:00 pm High Tea**  
 3:30 pm Decorate for March (HD)

9:30 am Prep For Flower(GH) 3  
**10:30 am Yoga w/ Candy(TBA)**  
 1:30 pm Flower Arrangements(GH)  
**3:00 pm High Tea**  
 3:30 pm B-I-N-G-O(HD)

**10:00 am Yoga w/ Lily (ASH)4**  
 10:30 am Yoga w/ Lily (HD)  
**11:00 am Tai Chi (A)**  
**12:15 pm House Meeting(HD)**  
 1:30 pm Tai Chi (HD)  
**2:00 pm Tai Chi (J)**  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(J)**

10:00 am Posture and Balance 5  
 1:30 pm Art & Apps:Wood Working (GH)  
 3:00 pm High Tea

10:00 am Frisbee 6  
**11:00 am Board of Directors Meeting**  
 11:00 am Tai Chi (A)  
**1:30 pm Tai Chi (HD)**  
 2:00 pm Tai Chi (J)  
**1:30 Outing: PDX Art Museum**  
 3:00 pm High Tea

10:00 am Soccer Circle (RH) 7  
**11:45 am House Meeting (J)**  
 1:30 pm Eight Ball Pool (H)  
**3:00 pm High Tea**  
 3:30 pm Book Club (ASH)

10:00 am Ribbon Dance 8  
**1:30 pm Strawberry Germination (GH) w/John Schroder**  
 3:00 pm High Tea  
**3:30 pm Drum Circle (ASH)**

10:00 am Dear Abby & Tea(J)9  
**11:00 am Fancy Nails (HD)**  
 1:15 pm Sunday Matinee (A)  
**3:00 pm High Tea**  
 3:30 pm Higher or Lower Game (ASH)

9:30 am Prep For Flower(GH) 10  
**10:30 am Yoga w/ Candy(TBA)**  
 1:30 pm Flower Arrangements(GH)  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(HD)**

**10:00 am Yoga w/ Lily(A)** 11  
 10:30 am Yoga w/ Lily (J)  
**11:00 am Tai Chi (A)**  
**11:00 am Therapeutic Horticulture w/ Jill (L/T)**  
**12:15 pm House Meeting(A)**  
 1:30 pm Tai Chi (HD)  
**2:00 pm Tai Chi (J)**  
**3:00 pm Laura G.'s Birthday!(H)**  
**3:30 pm Marcy L.'s Birthday!(J)**

10:00 am Beautifying Patio 12  
 Pots (Ash)  
**1:30 pm Culture Club: Ireland (A)(J)**  
 3:00 pm High Tea  
**3:30 pm Cribbage (ash)**

10:00 am Nerf Basket Ball(RH)13  
 11:00 am Tai Chi (A)  
**1:30 pm Tai Chi (HD) 2pm,(j)**  
**1:30 pm Monty's Concert (A)**  
 3:00 pm High Tea  
**3:30 pm Lets learn about the Eclipse of the Moon**

10:00 am Batter up! (CL) 14  
**1:30 pm Irish Step Dancers(L/T)**  
 3:00 pm High Tea  
**3:30 pm Book Club (ASH)**

10:00 am Wall Pilates (RH) 15  
**1:30 pm Shamrock Cookie work shop (A)**  
 3:00 pm High Tea  
**3:30 pm Drum Circle (ASH)**

10:00 am Laundry Orgami 16  
 (ASH)  
**11:00 am Memory Mapping(A)**  
 1:15 pm Sunday Matinee (A)  
**3:00 pm High Tea**  
 3:30 pm Crafty Corners (ASH)

9:30 am Prep For Flower(GH) 17  
**10:30 am Yoga w/ Candy(TBA)**  
 1:30 pm Flower Arrangements(GH)  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(HD)**

10:00 am Walk to Sensory Garden (meet at Flag) 18  
**11:00 am Tai Chi (A)**  
 1:30 pm Tai Chi (HD) 2 pm (J)  
 2:30 pm Dividing Perennials (Sensory Garden)  
**3:00 pm High Tea**

10:00 am Create Picture Boards (express ourselves) (GH) 19  
**1:30 pm Kris Concert (L/T)**  
 3:00 pm High Tea  
 Finish Picture Boards

**11:00 am Llama Visit (RH)20**  
 11:00 am Tai Chi (A)  
**1:30 pm Tai Chi (HD)**  
 2:00 pm Tai Chi (J)  
 2:00 pm Healthy Cooking w/Patty (A) and Hi Tea

10:00 am Brain Games (RH) 21  
**11:45 am House Meeting (ASH)**  
 1:30 pm Black Jack/21 (RH)  
**3:00 pm High Tea**  
 3:30 pm Book Club (ASH)

10:00 am Compost Care 22  
**1:30 pm Strawberry Fields Planting w/Guest John Schroder**  
 3:00 pm High Tea  
**3:30 pm Drum Circle (ASH)**

St. Patrick's Day



10:00 am Coffee & Chat 23  
**11:00 am Crafty Corners (HD)**  
 1:15 pm Sunday Matinee(A)  
**3:00 pm Irish History Trivia (RH)**

9:30 am Prep For Flower(GH) 24  
**10:30 am Yoga w/ Candy(TBA)**  
 1:30 pm Flower Arrangements(GH)  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(HD)**

10:00 am Walk down memo lane on the trails 25  
**11:00 am Tai Chi (A)**  
 1:30 pm Tai Chi (HD)  
**2:00 pm Tai Chi (J)**  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(J)**

10:00 am Getting out in Nature 26  
**1:30 pm Kyle Concert (HD)**  
 3:00 High Tea  
**4pm Creative Coloring, blending color(J)**

10:00 am Hot Potato Toss( CL)27  
 11:00 am Tai Chi (A)  
**1:30: pm Tai Chi (HD)**  
**1:15 pm Outing:Wooden Shoe Tulip Festival**  
 2:00 pm Tai Chi (J)  
 3:00 pm High Tea

10:00 am Walk the Line 28  
 1:30 Children's Choir "The Echos" w/Jen (J)  
**3:00 pm High Tea/Veterans Social, Military represented in the Arts w/ Norman Rockwell (A)**

10:00 am Horseshoes on the lawn 29  
**1:30 pm Create Insect Houses (GH)**  
 3:00 pm High Tea  
**3:30 pm Drum Circle (ASH)**

Friends & Family Day

10:00 am Coffee and Chat 30  
**11:00 am Crafty Corners (ASH)**  
 1:15 pm Sunday Matinee (A)  
**3:00 pm High Tea**  
 3:30 pm Animal Therapy(RH)

9:30 am Prep For Flower(GH) 31  
**10:30 am Yoga w/ Candy(TBA)**  
 1:30 pm Flower Arrangements(GH)  
 3:00 pm High Tea  
**3:30 pm B-I-N-G-O(HD)**

**All Activities are subject to change or cancellation due to community needs**  
**Hair Salon every Wednesday**

A- Adams House, ASH-Ashland House, CL- Cascade Lawn, H-Helen's House, HD- Hood House, J-Jefferson House, R-Rainier House, L-Larch House, T-Tabor House, GH- Garden Hangout, UC- Upper Campus, LC- Lower Campus, RH- Rotating Houses, PG- Putting Green, RR- Resident Room.