

Sunday

Monday

Tuesday

Wednesday

Thursday



Friday

Saturday

# Helen's & Rainier April 2025



ELITE CARE

<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Create the Bored Board</b> 1:30 pm Sunday Matinee <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (A)</b> 1:30 pm Comedy Club <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (H/R) <b>5:00 pm Menu Review</b></p> <p>April Fool's Day</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Joke Your Heart Out</b> 1:30 pm Art &amp; App: Parkinson's Awareness March <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Board of Directors Meeting</b> <b>11:00 am Tai Chi w/ Papi (H)</b> 1:30 pm Book Club <b>1:30 pm Outing: Fred Meyers</b> <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (H/R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Friday Matinee</b> 1:30 pm Exercise <b>3:00 pm High Tea</b> 4:00 pm Joy of Coloring <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Board Games</b> <b>1:30 Comedy Show: Ben Walker</b> 3:00 pm High Tea <b>4:00 pm Popsicle Trivia</b> 5:00 pm Menu Review</p> <p>Last Frost Day of the Year</p>
<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Create the Bored Board</b> 1:30 pm Sunday Matinee <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Glitter Art</b> 1:30 pm Flower Arrangements <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (A)</b> 1:30 pm Comedy Club <b>2:45 Seeing Red on the Regular? /w Shiloh</b> 3:30 pm High Tea <b>4:00 pm B-I-N-G-O (H/R)</b> 5:00 pm Menu Review</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am What's in the Box?</b> 1:30 pm Culture Club: Holland <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (H)</b> 1:30 pm Book Club <b>1:30 pm Outing: Tulip Garden</b> <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (H/R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Friday Matinee</b> 1:30 pm Exercise <b>3:00 pm High Tea</b> 4:00 pm Joy of Coloring <b>5:00 pm Menu Review</b></p> <p>Parkinson's Awareness Day</p>
<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Nature Walk</b> 1:30 pm Sunday Matinee <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (R) <b>5:00 pm Menu Review</b></p> <p>Palm Sunday</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Dirt Cakes</b> 1:30 pm Flower Arrangements <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p> <p>National Garden Day</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (A)</b> <b>11:00 am Therapeutic Horticulture w/ Jill</b> 1:30 pm Comedy Club <b>2:45 Seeing Red on the Regular? /w Shiloh</b> 3:30 pm High Tea <b>4:00 pm B-I-N-G-O (H/R)</b> 5:00 pm Menu Review</p> <p>Peak Bird Migration Begins</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tissue Paper Flowers</b> <b>1:30 pm Kris Concert (L/T)</b> <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (H)</b> 1:30 pm Book Club <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (H/R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Friday Matinee</b> 1:30 pm Exercise <b>3:00 pm Ryan M.'s Birthday!</b> 4:00 pm Joy of Coloring <b>5:00 pm Menu Review</b></p> <p></p> <p>Peak Bird Migration Ends</p>
<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am How many "Peeps"?</b> 1:30 pm Sunday Matinee <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (R) <b>5:00 pm Menu Review</b></p> <p>Easter</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tie-Dye Day</b> 1:30 pm Flower Arrangements <b>3:00 pm High Tea</b> <b>3:30 pm House Meeting (H)</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (A)</b> 1:30 pm Re-potting Plants <b>2:45 Seeing Red on the Regular? /w Shiloh</b> 3:30 pm High Tea <b>4:00 pm B-I-N-G-O (H/R)</b> 5:00 pm Menu Review</p> <p>Earth Day</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Coffee Filter Butterflies</b> <b>1:30 pm Kyle Concert (ASH)</b> <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (H)</b> 1:30 pm World Tai Chi Day <b>3:00 pm High Tea</b> <b>3:30 pm House Meeting (R)</b> 4:00 pm B-I-N-G-O (H/R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Friday Matinee</b> 1:30 pm Exercise <b>3:00 pm Tree Planting Ceremony</b> 4:00 pm Joy of Coloring <b>5:00 pm Menu Review</b></p> <p></p> <p>Arbor Day</p>
<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Paper Plate Flowers</b> 1:30 pm Sunday Matinee <b>3:00 pm High Tea</b> 4:00 pm B-I-N-G-O (R) <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Group Card Game</b> 1:30 pm Flower Arrangements <b>3:00 pm High Tea</b> 4:00 pm Music Trivia <b>5:00 pm Menu Review</b></p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Tai Chi w/ Papi (A)</b> 1:30 pm Comedy Club <b>2:45 Seeing Red on the Regular? /w Shiloh</b> 3:30 pm High Tea <b>4:00 pm B-I-N-G-O (H/R)</b> 5:00 pm Menu Review</p>	<p>10:00 am Morning Social &amp; Daily Chronicle <b>11:00 am Axe Throwing</b> <b>1:30 pm Outing: Military Museum</b> 1:30 pm Seed Sowing Activity <b>3:00 pm High Tea</b> 4:00 pm Comedy Club <b>5:00 pm Menu Review</b></p>	<p><b>All Activities are subject to change or cancellation due to community needs</b> <b>Hair Salon every Wednesday</b></p>	

A- Adams House, ASH-Ashland House, CL- Cascade Lawn, H-Helen's House, HD- Hood House, J-Jefferson House, R-Rainier House, L-Larch House, T-Tabor House, GH- Garden Hangout, UC- Upper Campus, LC- Lower Campus, RH- Rotating Houses, PG- Putting Green, RR- Resident Room.