

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Helens & Rainier May 2025 All Activities are subject to change or cancellation due to community needs Hair Salon every Wednesday				10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (H) 11:00 am Board of Directors Meeting 1:15 pm Outing: Fred Meyers 1:30 pm Book Club 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Exercise w/ a Walk 1:30 pm Friday Movie 3:00 pm Snack & Relax 4:00 pm Joy of Coloring 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Goal Setting 1:30 pm Lawn Games 3:00 pm Snack & Relax 3:00 pm Drumming Circle (J) 4:00 pm Games! 5:00 pm Toodaloo Hour 
10:00 am Morning Social & Menu Review 11:00 am Sunday Exercise 1:30 pm Movie Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 10:00 am Outing: Trader Joes 11:00 am Update Bored Board 1:30 pm Flower Arrangements 3:00 pm Snack & Relax 4:00 pm Culture Club: Mexico 5:00 pm Toodaloo Hour  Cinco De Mayo	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (A) 1:30 pm Nurse's Paint & Sip 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Rosarian Ceremony (Flag Pole) 12:30 pm Seeing Red on the Regular? w/ Shiloh 1:30 pm Bean Bag Toss 3:00 pm Snack & Relax 4:00 pm House Art Project 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (H) 1:15 pm Outing: Battle of the Band Stands the Musical (Costs \$10) 1:30 pm Book Club 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Exercise w/ Stretchy Bands 1:30 pm Friday Movie 1:30 pm Monty Concert (HD) 3:00 pm Snack & Relax 4:00 pm Outing Brainstorm 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Flower Hunt 1:30 pm Mother's Day Tea! 3:00 pm Snack & Relax 3:30 pm Drumming Circle (J) 4:00 pm Games! 5:00 pm Toodaloo Hour 
10:00 am Morning Social & Menu Review 11:00 am Sunday Exercise 1:30 pm Movie Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour  Mother's Day	10:00 am Morning Social & Menu Review 10:00 am Outing: Willamette Falls Vista Point 11:00 am Painting W/ Tape 1:30 pm Flower Arrangements 3:00 pm Snack & Relax 4:00 pm Plant Flowers Outside of Rainier 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (A) 1:30 pm Trivia Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour HAIR APT. TODAY! 	10:00 am Morning Social & Menu Review 11:00 am Balloon Toss 11:30-3:30 pm Outing: Luau at Fanno Creek 12:30 pm Seeing Red on the Regular? w/ Shiloh 1:15 pm Celebrate Ray's Birthday! 3:00 pm Chuck the Duck game 4:00 pm M&M Color Questions 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (H) 1:15 pm Outing: Japanese Gardens 1:30 pm Book Club 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Exercise w/ Stretching 1:30 pm Friday Movie 3:00 pm Snack & Relax 4:00 pm Pour Painting 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Re-Potting Plants 1:30 pm Lawn Games 3:00 pm Snack & Relax 3:30 pm Drumming Circle (J) 4:00 pm Games! 5:00 pm Toodaloo Hour 
10:00 am Morning Social & Menu Review 11:00 am Sunday Exercise 1:30 pm Movie Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Planting Wild flowers 1:30 pm Flower Arrangements 3:00 pm Snack & Relax 4:00 pm Painting Rocks 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (A) 11:00 am Therapeutic Horticulture w/ Jill (L/T) 1:30 pm Trivia Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Memorial Day (Family Day) 12:30 pm Seeing Red on the Regular? w/ Shiloh 1:30 pm Kris Concert (L/T) 3:00 pm Celebrate Craig's Birthday! 4:00 pm Tattoo Studio 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (H) 1:15 pm Outing: Cow Cuddling 1:30 pm Book Club 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Exercise w/ Stretchy Bands 1:30 pm Friday Movie 3:00 pm Snack & Relax 4:00 pm Butter y Tree 5:00 pm Menu Review 	10:00 am Morning Social & Menu Review 11:00 am Sort Wild flowers for Planting 1:30 pm Colors in Nature Walk 3:00 pm Snack & Relax 3:30 pm Drumming Circle (J) 4:00 pm Games! 5:00 pm Toodaloo Hour 
10:00 am Morning Social & Menu Review 11:00 am Sunday Exercise 1:30 pm Movie Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Coffee Filter Poppy Flowers 1:30 pm Flower Arrangements 3:00 pm Snack & Relax 4:00 pm House Meeting (H) 5:00 pm Toodaloo Hour  Memorial Day	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (A) 1:30 pm Trivia Time 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Making Birdseed Ornaments 12:30 pm Seeing Red on the Regular? w/ Shiloh 1:30 pm Kyle Concert (ASH) 3:00 pm Snack & Relax 4:00 pm House Meeting (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Tai Chi w/ Papi (H) 1:30 pm Book Club 3:00 pm Snack & Relax 4:00 pm B-I-N-G-O (R) 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Exercise w/ a Walk 1:30 pm Friday Movie 3:00 pm Snack & Relax (Strawberry Shortcake Bar) 4:30 pm Glass Painting 5:00 pm Toodaloo Hour 	10:00 am Morning Social & Menu Review 11:00 am Goal Review 1:30 pm Lawn Games 3:00 pm Snack & Relax 3:30 pm Drumming Circle (J) 4:00 pm Games! 5:00 pm Toodaloo Hour 