

Oatfield Estates

ALT May Menu - 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			BREAKFAST MADE TO ORDER EVERY MORNING	1 Lunch: BBQ Tofu w/ Baked Beans & Coleslaw Dinner: Veggie Enchiladas w/ Seasoned Corn & Salad	2 Lunch: Garden Burger w/ Tot's & Coleslaw Dinner: Egg Salad Sandwiches w/ Cucumber Salad & Chips	3 Lunch: Roasted Tofu w/ Mashed Potatoes & Seasoned Veggies Dinner: Ravioli w/ Zucchini & Garlic Toast
4 Lunch: Roasted Tofu w/ Stuffing & Fresh Green Beans Dinner: Grilled Cheese Sliders w/ Pasta Salad	5 Lunch: Veggie Tacos w/ Spanish Rice & Corn Salad Dinner: Egg Salad Sandwich w/ Three Bean Salad & Chips	6 Lunch: Pasta Alfredo w/ Fresh Veggies Dinner: Veggie Quiche w/ Salad & Fruit	7 Lunch: Garden Burger w/ Mac Salad & Fresh Fruit Dinner: Roasted Veggie Wrap w/ Cucumber Salad & Chips	8 Lunch: Roasted Tofu w/ Mashed Potatoes, Gravy & Seasoned Corn Dinner: Veggie Tamale Pie w/ Garden Salad	9 Lunch: Spaghetti w/ Red Sauce, Garden Salad & Garlic toast Dinner: Garden Burger w/ Tater Tots & Coleslaw	10 Lunch: Assorted Pizza w/ Green Salad Dinner: Egg Salad Croissant w/ Waldorf Salad
11 Lunch: Roasted Tofu w/ Roasted Sweet Potatoes & Fresh Veggies Dinner: Veggie Gyros w/ Greek Pasta Salad	12 Lunch: Veggie & Dumpling Soup w/ Garden Salad Dinner: BBQ Tofu on a Bun w/ Mac Salad & Pineapple Salad	13 Lunch: Veggie Tacos w/ Refried Beans & Seasoned Corn Dinner: Teriyaki Tofu w/ Steamed Rice & Stir Fried Veggies	14 Lunch: Garden Burgers w/ Fresh Fruit & Chips Dinner: Tortellini Soup w/ Green Salad & Fresh Bread	15 Lunch: Roasted Tofu w/ Mashed Potatoes & Fresh Veggies Dinner: Veggie Burrito Bowl w/ Chips & Salsa	16 Lunch: Baked Tofu w/ Rice Pilaf & Fresh Veggies Dinner: Egg Salad Sandwiches w/ Potato Salad & Fruit	17 Lunch: Veggie Pasta w/ Garlic Toast & Green Salad Dinner: Garden Burger w/ Tomato Bisque & Fresh Bread
18 Lunch: Roasted Tofu w/ Mashed Potatoes & Corn Dinner: Mac & Cheese w/ Garden Salad	19 Lunch: Roasted Tofu w/ Baked Potato & Seasoned Veggies Dinner: Broccoli Casserole w/ Garden Salad	20 Lunch: Roasted Tofu & Grits w/ Steamed Greens Dinner: Baked Ziti w/ Fresh Veggies	21 Lunch: Garden Burger w/ Mac Salad & Fresh Fruit Dinner: Veggie Taco Casserole w/ Green Salad	22 Lunch: Roasted Tofu w/ Mashed Potatoes & Corn Dinner: Veggie Casserole w/ Garden Salad	23 Lunch: Roasted Tofu w/ Roasted Red Potatoes & Fresh Veggies Dinner: Grilled Cheese Sandwiches w/ Tomato Basil Soup & Fruit	24 Lunch: Veggie Casserole w/ Garden Salad Dinner: Garden Burger w/ Mac Salad & Fruit
25 Lunch: Sauteed Tofu over Steamed Rice w/ Seasoned Veggies Dinner: Hard Boiled Egg & Spinach Salad w/ Fresh Bread & Fruit	26 Lunch: Garden Burger w/ Potato Salad & Fresh Fruit Dinner: Pasta Primavera w/ Garden Salad	27 Lunch: Sweet n Sour Tofu over Steamed Rice & Fresh Veggies Dinner: Veggie Sloppy Joe's w/ Tater Tots & Coleslaw	28 Lunch: Tofu Piccata w/ Lemon Pasta & Fresh Veggies Dinner: Veggie Casserole w/ Fresh Veggies	29 Lunch: Tofu Fried Rice w/ Egg Rolls & Sauteed Greens Dinner: Chef Choice Soup w/ Fresh Bread & Green Salad	30 Lunch: Manicotti w/ Garden Salad & Garlic Toast Dinner: Veggie Chili w/ Cornbread & Garden Salad	31 Lunch: Assorted Pizza w/ Garden Salad Dinner: Veggie Taco Salad w/ Fresh Fruit