

Oatfield Estates

July Menu - 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	BREAKFAST MADE TO ORDER EVERY MORNING	1 Lunch: B.L.T.s w/ Chips & Fresh Fruit Dinner: Quiche w/ Fruit Salad & Fresh Rolls	2 Lunch: Enchiladas w/ Seasoned Corn & Green Salad Dinner: BBQ Pork on a Bun w/ Mac Salad & Pea Salad	3 Lunch: Tuna Sandwich w/ Fresh Fruit & Salad Dinner: Teriyaki Chicken w/ Lo Mein Noodles	4 Lunch: Hamburger or Hot Dogs w/Potato Salad, Watermelon & Ice Cream Dinner: Pizza w/ Garden Salad	5 Lunch: Fried Chicken w/ Seasoned Peas, Mashed Potatoes & Gravy Dinner: Turkey Deli Sandwich w/ Fresh Fruit & Chips
6 Lunch: Grilled Cheese Sandwich w/ Tomato Basil Soup & Fruit Dinner: BBQ Chicken w/ Baked Beans & Coleslaw	7 Lunch: Spaghetti w/ Meat Sauce & Texas Toast Dinner: Tamale Pie w/ Corn Salad & Watermelon	8 Lunch: Burrito Bowl w/ Chips & Salsa Dinner: Chicken Salad Croissant w/ Broccoli Salad	9 Lunch: Bacon Burger w/ Tots & Coleslaw Dinner: Chicken Fajitas w/ Chips, Salsa & Salad	10 Lunch: Ham & Swiss Sliders w/ Pasta Salad & Fresh Fruit Dinner: Chicken & Spinach Salad w/ Fresh Bread & Fruit	11 Lunch: Crab Cakes w/ Roasted Red Potatoes & Fresh Veggies Dinner: Italian Tortellini Pasta Salad w/ Fruit & Fresh Bread	12 Lunch: Cheese Burgers w/ Chips & Fresh Fruit Dinner: Chicken Caesar Wraps w/ Cucumber Salad & Chips
13 Lunch: Roasted Pork Loin w/ Roasted Sweet Potatoes & Fresh Veggies Dinner: Grilled Chicken w/ Tabbouleh, Pita Bread & Tzatziki	14 Lunch: Meatloaf w/ Corn, Mashed Potatoes & Gravy Dinner: Crab Salad Croissant w/ Creamy Cucumber Salad	15 Lunch: Taco Bake Casserole w/ Green Salad Dinner: Crispy Chicken Salad w/ Fresh Fruit	16 Lunch: Orange Chicken over Rice w/ Veggies Dinner: Chili Dogs w/ Tater Tots & Fruit	17 Lunch: Salisbury Steak w/ Mashed Potatoes & Veggies Dinner: Fish Sandwich w/ Potato Salad & Coleslaw	18 Lunch: Baked Salmon w/ Rice Pilaf & Veggies Dinner: Pasta Primavera w/ Chicken & Garden Salad	19 Lunch: Homemade Hamburger Helper w/ Green Salad Dinner: Grilled Sausage w/ Peppers over Rice w/ Zucchini Salad
20 Lunch: Carnitas Tacos w/ Spanish Rice & Seasoned Corn Dinner: Chicken Alfredo w/ Fresh Veggies	21 Lunch: Hot Dogs w/ Potato Salad & Fresh Fruit Dinner: Meatball Subs w/ Spring Pea Pesto Pasta Salad	22 Lunch: Butter Chicken over Steamed Rice w/ Veggies Dinner: Tacos w/ Refried Beans & Corn Salad	23 Lunch: Turkey Burger w/ Pineapple Salad & Mac Salad Dinner: Southwest Chicken Wrap w/ Chips & Fruit	24 Lunch: Raviolis w/ Spinach Salad & Garlic Toast Dinner: Sloppy Joes w/ Tater Tots & Coleslaw	25 Lunch: Oven Fried Fish w/ Tater Tots & Coleslaw Dinner: Taco Salad w/ Fresh Fruit	26 Lunch: Lasagna w/ Garlic Toast & Green Salad Dinner: Assorted Pizza w/ Garden Salad
27 Lunch: Italian Sub Sandwich w/ Cucumber & Tomato Salad & Chips Dinner: Beijing Beef w/ Lo Mein Noodles & Stir Fry Veggies	28 Lunch: Chicken Fried Steak w/ Seasoned Corn & Mashed Potatoes Dinner: Chicken, Bacon & Ranch Pasta Salad w/ Cucumber Salad & Fresh Bread	29 Lunch: Swedish Meatballs over Steamed Rice w/ Veggies Dinner: Fajitas w/ Corn Salad & Fruit	30 Lunch: Mushroom Swiss Burger w/ Watermelon & Chips Dinner: Caesar Chicken Salad w/ Fresh Bread & fruit	31 Lunch: Pasta Shells w/ Garden Salad & Garlic Toast Dinner: BBQ Ribs w/ Baked Beans, Coleslaw & Cornbread		