



Oatfield Estates

August ALT Menu - 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		BREAKFAST MADE TO ORDER EVERY MORNING			1 Lunch: Roasted Tofu w/ Corn, Mashed Potatoes & Gravy Dinner: Egg Salad Sandwich w/ Cucumber Salad & Fresh Fruit	2 Lunch: Assorted Veggie Pizza w/ Garden Salad Dinner: BBQ Tofu on a Bun w/ Mac Salad & Pea Salad
3 Lunch: BBQ Tofu w/ Baked Beans & Coleslaw Dinner: Garden Burger w/ Chips & Fresh Fruit	4 Lunch: Spaghetti w/ Red Sauce, Texas Toast & Green Salad Dinner: Veggie Casserole w/ Corn Salad & Watermelon	5 Lunch: Veggie Burrito Bowl w/ Chips & Salsa Dinner: Egg Salad on a Croissant w/ Broccoli Salad	6 Lunch: Garden Burgers w/ Tots & Coleslaw Dinner: Tofu Fajitas w/ Salad, Chips & Salsa	7 Lunch: Roasted Veggie & Swiss Sliders w/ Chips & Fresh Fruit Dinner: Spinach Salad w/ Hard Boiled Eggs, Fresh Bread & Fruit	8 Lunch: Roasted Tofu w/ Roasted Red Potatoes & Fresh Veggies Dinner: Italian Tortellini Pasta Salad w/ Fresh Fruit & Bread	9 Lunch: Garden Burger w/ Potato Salad & Fresh Fruit Dinner: Tofu Ranch Wraps w/ Cucumber Salad & Chips
10 Lunch: Roasted Tofu w/ Roasted Sweet Potatoes & Fresh Veggies Dinner: Chinese Tofu Salad w/ Fresh Pineapple	11 Lunch: Roasted Tofu w/ Corn, Mashed Potatoes & Gravy Dinner: Egg Salad on a Croissant w/ Creamy Cucumber Salad	12 Lunch: Veggie Casserole w/ Green Salad Dinner: Garden Burger w/ Fries & Coleslaw	13 Lunch: Orange Tofu over Rice w/ Fresh Veggies Dinner: Roasted Veggie Sandwich w/ Potato Salad & Chips	14 Lunch: Roasted Tofu w/ Fresh Veggies, Mashed Potatoes & Gravy Dinner: Roasted Veggie Pasta Salad w/ Fresh Bread & Fruit	15 Lunch: Baked Tofu w/ Rice Pilaf w/ Fresh Veggies Dinner: Egg Salad Wrap w/ Cucumber Salad & Chips	16 Lunch: Veggie Casserole w/ Garden Salad Dinner: Grilled Tofu w/ Peppers over Rice w/ Zucchini Salad
17 Lunch: Garden Burger w/ Coleslaw & Tater Tots Dinner: Veggie Tacos w/ Spanish Rice & Seasoned Corn	18 Lunch: Garden Burger w/ Chips & Fresh Fruit Dinner: Roasted Veggie Sandwich w/ Spring Pea Pesto Pasta Salad	19 Lunch: Butter Tofu over Steamed Rice w/ Fresh Veggies Dinner: Veggie Tacos w/ Refried Beans & Fresh Fruit	20 Lunch: Hawaiian Garden Burgers w/ Sun Chips & Mac Salad Dinner: Southwest Tofu Wrap w/ Chips & Fruit	21 Lunch: Ravioli w/ Sautéed Spinach & Garlic Toast Dinner: Tofu Sloppy Joe's w/ Tater Tots & Coleslaw	22 Lunch: Garden Salad w/ Tater Tots & Coleslaw Dinner: Egg Salad over Greens w/ Fresh Bread & Fruit	23 Lunch: Veggie Pasta Bake w/ Green Salad & Garlic Toast Dinner: Assorted Veggie Pizza w/ Garden Salad
24 Lunch: Tofu Alfredo Pasta w/ Fresh Veggies Dinner: BBQ Tofu w/ Baked Beans, Coleslaw & Cornbread 31 Lunch: Teriyaki Tofu w/ Lo Mein Noodles Dinner: Veggie Enchiladas w/ Seasoned Corn & Green Salad	25 Lunch: Roasted Tofu w/ Seasoned Corn, Mashed Potatoes & Gravy Dinner: Egg Salad on a Croissant w/ Fresh Fruit & Chips	26 Lunch: Roasted Veggie Sandwich w/ Cucumber & Tomato Salad & Chips Dinner: Corn & Bean Salad w/ Chips & Garden Salad	27 Lunch: Mushroom & Swiss Garden Burger w/ Watermelon & Chips Dinner: Veggie Quiche w/ Garden Salad & Fresh Fruit	28 Lunch: Roasted Tofu w/ Green Beans & Mashed Potatoes Dinner: Beijing Tofu w/ Stir Fried Veggies & Lo Mein Noodles	29 Lunch: Garden Burger w/ Coleslaw & Potato Salad Dinner: Roasted Veggie Pasta Salad w/ Cucumber Salad & Fresh Bread	30 Lunch: Veggie Taco Salad w/ Fresh Fruit Dinner: Pasta Shells w/ Garden Salad & Garlic Toast