



Oatfield Estates

September Menu - 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST MADE TO ORDER EVERY MORNING	1 Lunch: BBQ Chicken w/ Baked Beans & Coleslaw Dinner: Fresh Baked Calzones w/ Garden Salad	2 Lunch: Tacos w/ Refried Beans & Pineapple Salad Dinner: French Dip Sandwich w/ Au Jus & Green Salad	3 Lunch: Mushroom Swiss Burger w/ Watermelon & Chips Dinner: Baked Ziti w/ Fresh Zucchini & Garlic Toast	4 Lunch: Tuna Salad on a Croissant w/ Chips & Pea Salad Dinner: Chicken & Spinach Salad w/ Fresh Bread & Fruit	5 Lunch: Oven Fried Fish w/ Tots & Coleslaw Dinner: Carnitas Tacos w/ Refried Beans & Pineapple Salad	6 Lunch: Lasagna w/ Garlic Toast & Green Salad Dinner: Chicken Salad on a Croissant w/ Broccoli Salad
7 Lunch: Baked Ham w/ Roasted Sweet Potatoes, Cranberry Sauce & Veggies Dinner: Italian Subs w/ Cucumber & Tomato Salad	8 Lunch: Smothered Chicken w/ Green Beans & Mashed Potatoes Dinner: Cheese Burger w/ Chips & Fruit	9 Lunch: Spaghetti w/ Meat Sauce, Texas Toast & Garden Salad Dinner: Chicken Strips w/ Coleslaw & Tots	10 Lunch: Swedish Meatballs over Pasta w/ Seasoned Carrots Dinner: Philly Cheesesteak Sandwich w/ Tortellini Pasta Salad	11 Lunch: Pepper Steak w/ Steamed Rice & Seasoned Veggies Dinner: Caprese Chicken Gnocchi Skillet w/ Green Salad	12 Lunch: Crab Cakes w/ Roasted Red Potatoes & Fresh Veggies Dinner: Hot Dogs w/ Potato Salad & Fresh Fruit	13 Lunch: Homemade Hamburger Helper w/ Garden Salad Dinner: Assorted Pizza w/ Garden Salad
14 Lunch: Chicken Alfredo w/ Fresh Veggies Dinner: Tater Tot Casserole w/ Green Beans	15 Lunch: Meatloaf w/ Baked Potato & Fresh Veggies Dinner: Baked Mac & Cheese w/ Steamed Veggies & Green Salad	16 Lunch: Teriyaki Chicken w/ Lo Mein Noodles & Veggies Dinner: Creamy Chicken Enchiladas w/ Spanish Rice & Green Salad	17 Lunch: BBQ Ribs w/ Baked Beans, Coleslaw & Corn Bread Dinner: Quiche w/ Fresh Fruit & Garden Salad	18 Lunch: Ham & Swiss Sliders w/ Chips & Fresh Fruit Dinner: Pasta Shells w/ Garlic Toast & Garden Salad	19 Lunch: Baked Salmon w/ Rice Pilaf & Fresh Veggies Dinner: Chicken Caesar Salad w/ Fresh Bread & Fruit	20 Lunch: Taco Salad w/ Fresh Fruit Dinner: Turkey Wraps w/ Pickled Beets & Cucumber Salad
21 Lunch: Butter Chicken w/ Steamed Rice & Veggies Dinner: Italian Tortellini Pasta Salad w/ Fresh Bread & Fruit	22 Lunch: Fried Chicken w/ Peas, Mashed Potatoes & Gravy Dinner: Sloppy Joes w/ Tater Tots & Fresh Fruit	23 Lunch: Burrito Bowl w/ Chips & Salsa Dinner: Chicken Pasta Salad w/ Fresh Bread & Fruit	24 Lunch: Grilled Sausage & Peppers w/ Steamed Rice & Green Beans Dinner: Asian Braised Beef over Steamed Rice w/ Stir Fried Veggies	25 Lunch: Shrimp Scampi over Pasta w/ Green Salad Dinner: BBQ Chicken Salad w/ Corn & Fresh Bread	26 Lunch: Salisbury Steak w/ Mashed Potatoes & Fresh Veggies Dinner: Tamale Pie w/ Green Salad & Fresh Pineapple	27 Lunch: Chicken Fried Steak w/ Mashed Potatoes & Seasoned Corn Dinner: Assorted Pizza w/ Garden Salad
28 Lunch: Hot Turkey Open Face Sandwich w/ Mashed Potatoes & Fresh Veggies Dinner: B.L.T. Sandwiches w/ Potato Salad & Fresh Fruit	29 Lunch: Ravioli w/ Garlic Toast & Garden Salad Dinner: Meatball Sub w/ Chips & Fresh Fruit	30 Lunch: Shepard's Pie w/ Garden Salad Dinner: Crispy Chicken Sandwich w/ Coleslaw & Tater Tots			September	