

Oatfield Estates

November Menu - 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>November</i>		BREAKFAST MADE TO ORDER EVERY MORNING				1 Lunch: Veggie Pasta Bake w/ Garlic Toast & Green Salad Dinner: Egg Salad on a Croissant w/ Potato Salad & Fresh Fruit
2 Lunch: Roasted Tofu w/ Carrots, Celery & Red Potatoes Dinner: Garden Burger w/ Chips & Fresh Fruit	3 Lunch: Spaghetti w/ Red Sauce, Texas Toast & Green Salad Dinner: Thai Peanut Tofu w/ Steamed Rice & Fresh Veggies	4 Lunch: Veggie Tacos w/ Refried Beans & Pineapple Salad Dinner: Grilled Cheese Sandwich w/ Tomato Bisque & Garden Salad	5 Lunch: Baked Tofu w/ Roasted Red Potatoes & Steamed Veggies Dinner: Veggie Shepard's Pie w/ Green Salad	6 Lunch: Garden Burger w/ Chips & Fresh Fruit Dinner: Hearty Veggie Soup w/ Fresh Bread & Garden Salad	7 Lunch: Roasted Tofu w/ Roasted Red Potatoes & Fresh Veggies Dinner: Veggie Casserole w/ Green Salad	8 Lunch: Hearty Veggie Casserole w/ Green Salad Dinner: Assorted Veggie Pizza w/ Garden Salad
9 Lunch: Tofu Alfredo w/ Fresh Veggies Dinner: Veggie Tater Tot Casserole w/ Green Beans	10 Lunch: Garden Burger w/ Coleslaw Dinner: Baked Mac & Cheese w/ Green Salad	11 Lunch: Veggie Taco Salad w/ Fresh Fruit Dinner: Hearty Veggie Soup w/ Fresh Bread & Garden Salad	12 Lunch: Egg Salad Sliders w/ Potato Salad & Fruit Dinner: Veggie Quiche w/ Garden Salad & Fresh Fruit	13 Lunch: Roasted Tofu over Pasta w/ Steamed Carrots Dinner: Pasta Shells w/ Garlic Toast & Green Salad	14 Lunch: Baked Tofu w/ Rice Pilaf & Fresh Veggies Dinner: Hearty Veggie Soup w/ Fresh Bread & Garden Salad	15 Lunch: Teriyaki Tofu w/ Lo Mein Noodles & Veggies Dinner: Veggie Tacos w/ Refried Beans & Spanish Rice
16 Lunch: Butter Tofu w/ Steamed Rice & Veggies Dinner: Tofu Sloppy Joe's w/ Tater Tots & Fresh Fruit	17 Lunch: Roasted Tofu w/ Mashed Potatoes & Seasoned Corn Dinner: Hearty Veggie Stew w/ Fresh Biscuits & Garden Salad	18 Lunch: Veggie Burrito Bowl w/ Chips & Salsa Dinner: Egg Salad Sandwich w/ Antipasto Salad & Fresh Fruit	19 Lunch: Grilled Cheese w/ Tomato Soup & Green Salad Dinner: Veggie Pot Pies w/ Garden Salad & Assorted Pie	20 Lunch: Hearty Veggie Stew w/ Dumplings & Garden Salad Dinner: Veggie Casserole w/ Texas Toast & Salad	21 Lunch: Garden Burger & Tots w/ Coleslaw Dinner: Butternut Squash Soup w/ Grilled Cheese & Green Salad	22 Lunch: Roasted Tofu w/ Mashed Potatoes & Fresh Veggies Dinner: Assorted Veggie Pizza w/ Green Salad
23 Lunch: Roasted Tofu w/ Stuffing & Seasoned Veggies Dinner: Tofu Chow Mein Casserole w/ Garden Salad 30 Lunch: BBQ Tofu w/ Baked Beans, Coleslaw & Corn Bread Dinner: Ravioli w/ Garden Toast & Garden Salad	24 Lunch: Fried Tofu w/ Mashed Potatoes, Gravy & Peas Dinner: Baked Ziti w/ Garlic Toast & Green Salad	25 Lunch: Roasted Tofu & Peppers w/ Steamed Rice & Green Beans Dinner: House Made Veggie Chili w/ Green Salad & Corn Bread	26 Lunch: Egg Salad on a Croissant w/ Broccoli Cheddar Soup Dinner: Veggie Calzones w/ Garden Salad	27 Lunch: Roast Tofu w/ Mashed Potatoes, Stuffing, Green Beans & Corn Bread Dinner: Grilled Cheese Sandwich w/ Tomato Bisque 	28 Lunch: Roasted Tofu w/ Baked Potato & Fresh Veggies Dinner: Minestrone Soup w/ Garden Salad & Fresh Bread	29 Lunch: Tofu Parmesan Sandwich w/ Italian Pasta Salad & Green Salad Dinner: Tofu & Broccoli over Steamed Rice