



ELITE CARE

## Oatfield Estates

### February Menu - 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Lunch: Pot Roast w/ Carrots, Celery, and Red Potatoes  Dinner: Clam Chowder w/ French Bread and Salad	<b>2</b> Lunch: Spaghetti Pasta w/ Garden Salad & Tessa's Toast  Dinner: Chicken Curry w/ Steamed Rice & Green Beans	<b>3</b> Lunch: Taco's, Refried Beans, and Pineapple Salad  Dinner: Chili Dogs w/ Cole Slaw	<b>4</b> Lunch: Buffalo Chicken Grilled Cheese w/ Cole Slaw and Fruit  Dinner: Beef Stroganoff w/ Steamed Veggies	<b>5</b> Lunch: BBQ Pulled Pork Sliders w/ Cole Slaw and Sweet Potato Fries  Dinner: Baked Ziti w/ Garden Salad and Garlic Toast	<b>6</b> Lunch: Baked Cod w/ Roasted Red Potatoes & Steamed Veggies  Dinner: Beef and Barley Soup w/ Bread and Fruit	<b>7</b> Lunch: Orange Chicken w/ Steamed Rice & Green Beans  Dinner: Pizza w/ Green Salad
<b>8</b> Lunch: Porkloin Stuffing and Seasoned Veggies  Dinner: Tortellini Soup, Garden Salad & French Bread	<b>9</b> Lunch: Swedish Meatballs over Rice & Steamed Veggies  Dinner: Quiche w/ Fruit & Veggies	<b>10</b> Lunch: Enchiladas w/ Refried Beans & Green Salad  Dinner: Cook's Choice Soup w/ Garden Salad & Fresh Bread	<b>11</b> Lunch: Chicken Fried Steak w/ Mashed Potatoes & Seasoned Corn  Dinner: Homemade Hamburger Helper w/ Garden Salad	<b>12</b> Lunch: French Dip w/ Au Jus & chips and Fruit  Dinner: Chicken Alfredo w/ Fresh Veggies	<b>13</b> Lunch: Cheese Burger w/ Tater Tots & Fruit  Dinner: Zuppa Toscana Soup w/ Garden Salad & Fresh Bread	<b>14</b> Lunch: Crab Cakes w/ Roasted Red Potatoes & Fresh Veggies  Dinner: Lasagna w/ Zucchini Salad & Garlic Toast
<b>15</b> Lunch: Beef and Broccoli w/ Steamed Rice  Dinner: Tuna Salad on Croissant w/ Creamy Tomato Soup & Fruit	<b>16</b> Lunch: Salisbury Steak w/ Mashed Potatoes & Fresh Veggies  Dinner: Baked Mac N Cheese w/ Green Beans & Fruit	<b>17</b> Lunch: Sheet Pan Quesadillas w/ Spanish Rice & Refried Beans  Dinner: Sloppy Joes w/ Tater Tots & Fruit	<b>18</b> Lunch: Chicken Fried Rice w/ Egg Roll & Stir Fried Veggies  Dinner: Frittata w/ California Veggie Green Salad	<b>19</b> Lunch: Turkey Loaf w/ Sweet Potatoes & Steamed Veggies  Dinner: Manicotti w/ Zucchini & Garlic Toast	<b>20</b> Lunch: Baked Salmon w/ Rice Pilaf & Fresh Veggies  Dinner: Chicken Tortilla Soup w/ Chip N Salsa & Fruit	<b>21</b> Lunch: Teriyaki Chicken w/ Lo Mein Noodles and Veggies  Dinner: Pizza w/ Garden Salad
<b>22</b> Lunch: Chopped Steak w/ Mashed Potatoes & Green Beans  Dinner: Irish Potato Soup w/ Grilled Cheese	<b>23</b> Lunch: Tofu & Broccoli over Steamed Rice w/ Egg Roll  Dinner: Veggie Sub w/ Spring Pea Pesto Pasta Salad	<b>24</b> Lunch: Veggie Taco's w/ Seasoned Corn & Refried Beans  Dinner: Cheesy Veggie Soup w/ Turkey Sandwiches & Fruit	<b>25</b> Lunch: Turkey Club w/ Tomato Soup & Fruit  Dinner: White Chicken Chili w/ Corn Bread & Green Salad	<b>26</b> Lunch: German Sausage w/ Sauerkraut & German Potato Salad  Dinner: Ravioli w/ Salad & Garlic Bread	<b>27</b> Lunch: Fish and Tots w/ Cole Slaw  Dinner: Chicken Dumplings w/ Garden Salad	<b>28</b> Lunch: Meat Loaf w/ Baked Potatoes & Fresh Veggies  Dinner: Cook's Choice Soup w/ Garden Salad & Fresh Bread
				<b>BREAKFAST MADE TO ORDER EVERY MORNING</b>		