November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NO LIFE ENGAGEMENT 1 10 am Menu Review for Monday (PA led) **11 am Sunday Service (L/T)** ***All Saints Day*** **2:30 pm Day of the Dead Movie** **Disney's *Coco* (A)** 3 pm Snack Services Daylight Saving Time Ends	9:30 am Morning Social 2 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1:30 pm Flower Arranging (GH)** **2 pm Narcotic Anonymous (H)** **3 pm Birthday Celebration** **4 pm Art Therapy with Esther (H)** Día de Muertos	**10 am Outing: Fred Meyers** 3 10 am Morning Social Menu Review, Daily Chronicle, etc. **11 am Online Shopping Due** **1 pm Tai Chi with Poppy (R)** **1:30 pm BINGO (H)** 3 pm Snack Services 4 pm Creative Writing Assistance	9:30 am Morning Social 4 Menu Review, Daily Chronicle, etc. **11 am Celebration of Life (R)** 11 am Shopping Lists Assistance 2 pm Nail Painting and Hand Massages 3 pm Snack Services	9:30 am Morning Social 5 Menu Review, Daily Chronicle, etc. **11 am Therapeutic Horticulture** **1 pm Tai Chi with Poppy (R)** **2 pm 1st Thursday Art Event:** **Center Pieces & Bird Houses** **3 pm Birthday Celebration** **3:30 pm Dual Diagnosis Anonymous (H)** **6 pm Thursday Night Movie (A)**	9:30 am Morning Social 6 Menu Review, Daily Chronicle, etc. 11 am Dee's Trivia: Cats 1:30 pm Craft and Chat: Mini Monsters continued **3 pm Birthday Celebration**	9:30 am Morning Social 7 Menu Review, Daily Chronicle, etc. **11 am Mindfulness w/ Mathyew (R)** 1:30 pm BINGO (R) 3 pm Snack Services 4 pm One-on-One
9:30 am Morning Social 8 Menu Review, Daily Chronicle, etc. **11 am Sunday Service (L/T)** 11 am One-on-One 1:30 pm Craft and Chat (H) 3 pm Snack Services 4 pm Chair Exercises (R) Diwali (Hindi)	9:30 am Morning Social 9 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1:30 pm Flower Arranging (GH)** **2 pm Narcotic Anonymous (H)** 3 pm Snack Services **4 pm Art Therapy with Esther (H)**	**10 am Outing: Fred Meyers** 10 10 am Morning Social Menu Review, Daily Chronicle, etc. **11 am Online Shopping Due** **1 pm Tai Chi with Poppy (R)** **1:30 pm BINGO (H)** 3 pm Snack Services 4 pm Creative Writing Assistance	9:30 am Morning Social 11 Menu Review, Daily Chronicle, etc. 11 am Shopping Lists Assistance **12 pm Outing: Veteran's Lunch** **2 pm House Meeting (H)** **2:30 pm House Meeting (R)** 3 pm Snack Services Veterans Day	9:30 am Morning Social 12 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1 pm Tai Chi with Poppy (R)** 2 pm Games (H) 3 pm Snack Services **3:30 pm Dual Diagnosis Anonymous (H)** **6 pm Thursday Night Movie (A)**	9:30 am Morning Social 13 Menu Review, Daily Chronicle, etc. 11 am Dee's Trivia: Folklore 1:30 pm Craft and Chat: Rock painting 3 pm Snack Services 4 pm Autumn Walk	9:30 am Morning Social 14 Menu Review, Daily Chronicle, etc. **11 am Mindfulness w/ Mathyew (R)** 1:30 pm BINGO (R) **3 pm Birthday Celebration**
9:30 am Morning Social 15 Menu Review, Daily Chronicle, etc. **11 am Sunday Service (L/T)** 11 am One-on-One 1 pm Movie & Discussion (R) 3 pm Snack Services 4 pm Chair Exercises (R)	9:30 am Morning Social 16 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1:30 pm Flower Arranging (GH)** **2 pm Narcotic Anonymous (H)** 3 pm Snack Services **4 pm Art Therapy with Esther (H)**	**10 am Outing: Fred Meyers** 17 10 am Morning Social Menu Review, Daily Chronicle, etc. **11 am Online Shopping Due** **1 pm Tai Chi with Poppy (R)** **1:30 pm BINGO (H)** 3 pm Snack Services 4 pm Creative Writing Assistance	9:30 am Morning Social 18 Menu Review, Daily Chronicle, etc. 11 am Shopping Lists Assistance **1 pm Family, Friends, and Staff Thanksgiving Luncheon** **2 pm Culture Club:** **Native American Heritage** 3 pm Snack Services	9:30 am Morning Social 19 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1 pm Tai Chi with Poppy (R)** 3 pm Snack Services **3:30 pm Dual Diagnosis Anonymous (H)** **6 pm Thursday Night Movie (A)**	9:30 am Morning Social 20 Menu Review, Daily Chronicle, etc. 11 am Dee's Trivia: Artist's 1:30 pm Craft and Chat: Card Making 3 pm Snack Services 4 pm Autumn walk	9:30 am Morning Social 21 Menu Review, Daily Chronicle, etc. **11 am Mindfulness w/ Mathyew (R)** 1:30 pm BINGO (R) 3 pm Snack Services 4 pm One-on-One
9:30 am Morning Social 22 Menu Review, Daily Chronicle, etc. **11 am Sunday Service (L/T)** 11 am One-on-One 1:30 pm Craft and Chat (H) 3 pm Snack Services 4 pm Chair Exercises (R)	9:30 am Morning Social 23 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1:30 pm Flower Arranging (GH)** **2 pm Narcotic Anonymous (H)** 3 pm Snack Services **4 pm Art Therapy with Esther (H)**	**10 am Outing: Fred Meyers** 24 10 am Morning Social Menu Review, Daily Chronicle, etc. **11 am Online Shopping Due** **1 pm Tai Chi with Poppy (R)** **1:30 pm BINGO (H)** 3 pm Snack Services 4 pm Creative Writing Assistance	9:30 am Morning Social 25 Menu Review, Daily Chronicle, etc. 11 am Shopping Lists Assistance 2 pm Nail Painting and Hand Massages 3 pm Snack Services	9:30 am Morning Social 26 Menu Review, Daily Chronicle, etc. **11 am Thanksgiving Crafts (H)** **1:30 pm Thanksgiving Crafts (R)** 3 pm Snack Services 4 pm Autumn Stroll Thanksgiving Day	9:30 am Morning Social 27 Menu Review, Daily Chronicle, etc. 11 am Dee's Trivia: National Parks 1:30 pm Craft and Chat: Mini world in a jar 3 pm Snack Services 4 pm Oddities Discussion: Deer Woman	9:30 am Morning Social 28 Menu Review, Daily Chronicle, etc. **11 am Mindfulness w/ Mathyew (R)** 1:30 pm BINGO (R) 3 pm Snack Services 4 pm One-on-One
9:30 am Morning Social 29 Menu Review, Daily Chronicle, etc. **11 am Sunday Service (L/T)** 11 am One-on-One 1 pm Movie & Discussion (R) 3 pm Snack Services 4 pm Chair Exercises (R)	9:30 am Morning Social 30 Menu Review, Daily Chronicle, etc. 11 am Botanical Buds Gardening, Hydroponic, Clean-Up, etc. **1:30 pm Flower Arranging (GH)** **2 pm Narcotic Anonymous (H)** 3 pm Snack Services **4 pm Art Therapy with Esther (H)**					

T-Tabor L-Larch H-Helens R-Rainier AD-Adams HD-Hood ASH-Ashland GH-Garden Hangout CL-Cascade Lawn

Campus times and activities subject to change